



## the partnership

Economically disadvantaged adults and children experience poor nutrition, greater likelihood of chronic diseases, and lack of access to healthcare. This timely partnership between Community Health Network of CT and the CT Department of Public Health will enable us to provide educational materials on the benefits of healthy eating and exercise, with a vision to decrease obesity rates in the community and reduce racial and ethnic health disparities. Through our nutrition and health education efforts, in collaboration with local schools and health centers, CHNCT/DPH will stimulate significant numbers of individuals to adopt positive and sustaining nutrition and health habits.

## mission

To provide high-quality, culturally appropriate nutrition and health education through professional partnerships that function to increase healthy behaviors, resulting in positive lifestyle changes for participants.

## vision

To create a partnership to serve as a model for effective collaborations between health care organizations that will improve the overall health and healthy years of the target population, leading to the elimination of chronic diseases stemming from lack of education and health disparities.

## objectives

- To create a sustainable program that encourages and promotes integration of healthy nutrition choices into the daily lives of participants—leading to long-term, healthy outcomes.
- To reach underserved communities, families and ethnically diverse populations in Connecticut with health and nutrition education, utilizing a culturally competent approach.