

GET VAXN8ED

SHIELD YOUR HEALTH

Community Health Network of Connecticut, Inc.'s (CHNCT) new **VAX N8 ME: Shield Your Health** campaign is a program that stresses the importance of adolescents receiving vaccinations for the Flu, HPV, Meningitis, and Pertussis. We at CHNCT are committed to ensuring that teens receive preventive health care with their primary care providers.

This CHNCT campaign was produced in the fall of 2010 with models from area high schools in Connecticut using "teen" language in a text messaging format. Its bold and beautiful color palette speaks to the energy of our youth and the message points make it clear for teens and families to understand the significance of vaccinations for young adults. The campaign is available for statewide distribution.

If you would like to order a VAXN8ME *Tool Kit, call

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* Each kit comes with 3 VAXN8ME posters and 50 postcards.



MENINGOCOCCAL DISEASE (Causes Meningitis)

The meningitis vaccine (a single shot) protects against a very serious infection of the lining around the brain and spinal cord. If the disease creates a blood infection, it can cause loss of an arm or leg and even death.

PERTUSSIS (Whooping Cough)

Whooping cough can spread from person to person very easily. One of the symptoms is a cough that doesn't go away. The vaccine is a single shot that includes tetanus and diphtheria as well as whooping cough.

INFLUENZA (Flu)

The flu is an infection of the nose, throat and lungs that is caused by a virus. If you get sick with the flu, it usually lasts about one week. But some people get very sick and some can die. Everyone older than 6 months should get their flu shot every year. The vaccine does not cause the flu.

HUMAN PAPILOMA VIRUS (HPV)

HPV is a virus that is spread through sexual contact. It is seen most in teens and those in their early 20s. HPV vaccine protects against the types of HPV that most commonly cause cervical cancer and genital warts. The vaccine is given in 3 doses, and is suggested for both boys and girls before their first sexual contact when they could be exposed to HPV.